

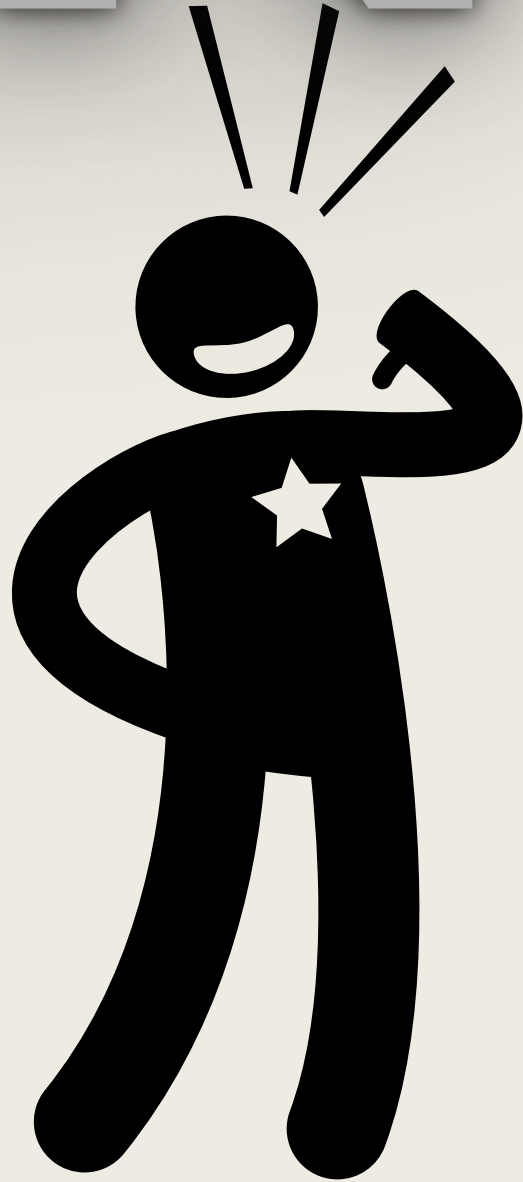
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# 2 Timothy 1:17

For God hath not given us the Spirit of fear; but of power, and of love, and of a sound mind.

# Colossians 2:8

“See to it that no one takes you **captive by philosophy and empty deceit**, according to human tradition, according to the elemental spirits of the world, and not according to Christ.”

# Shake It Off

A Spiritual reFLEX

Every believer should possess

Week 1: FLEXing on mental and physical attacks

Week 2: PHD & PHJ at Pentecost (Holy Ghost)

Week 3: Anyone checked on Paul? Paul, you Ok?!

Week 4: PRIDE

# Acts 28:3, 5

compressed view



a viper came out of the heat, and fastened  
on his hand.

And he shook off the beast into the fire, and  
felt no harm.

Shake It Off is also code for:

Casting Out

Confronting it

Breaking Free

Getting that W

Resisting False Messages

Breaking Cycles

Getting control of runaway thoughts

Mastering the unseen

Resisting Pride

## **Proverbs 8:13**

"The fear of the Lord is to hate evil: pride, and arrogancy, and the evil way..."

## **Proverbs 16:5**

"Every one that is proud in heart is an abomination to the Lord..."

## **James 4:6**

"God resisteth the proud, but giveth grace unto the humble."

# 2 Corinthians 12:7

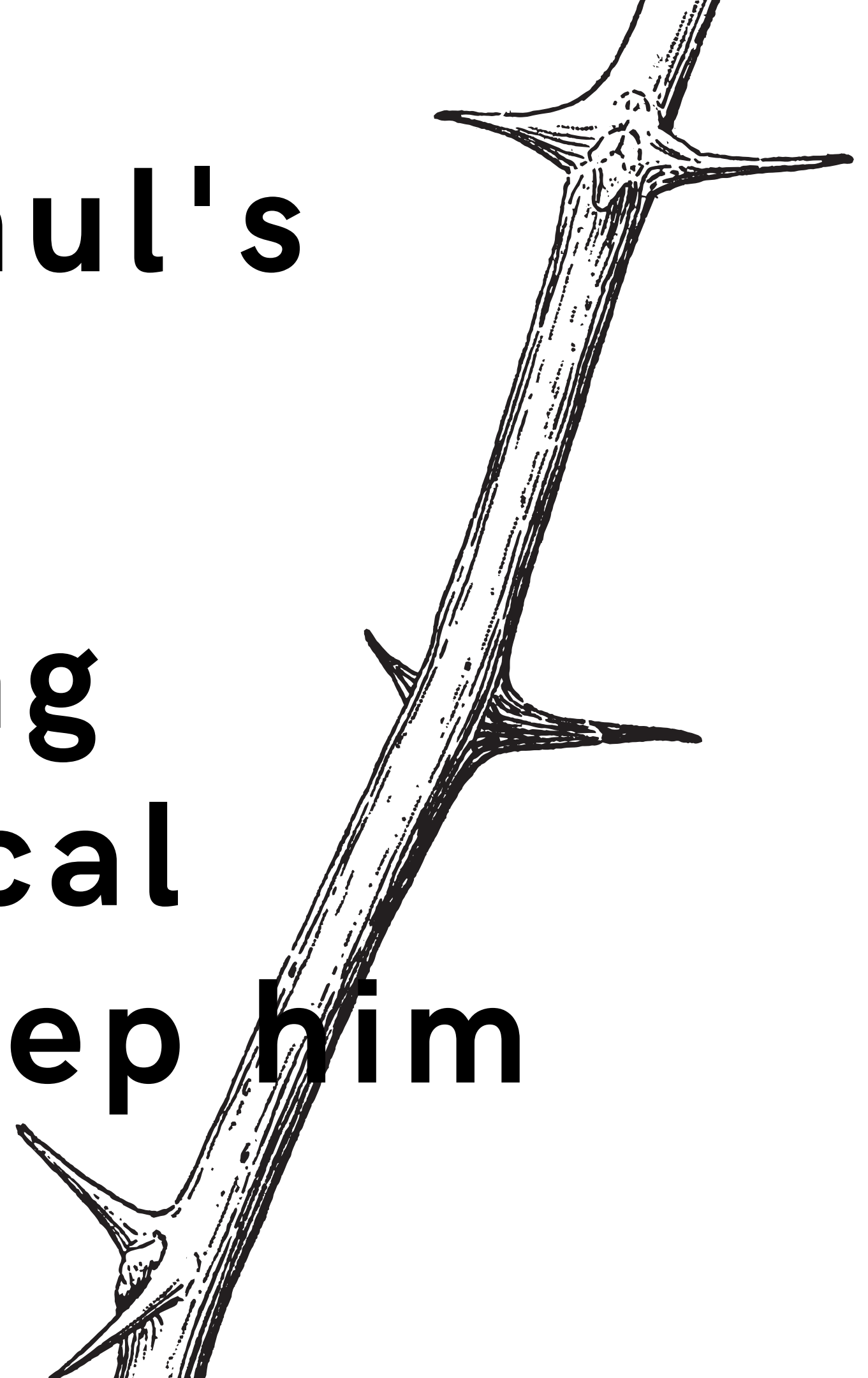
...or because of these surpassingly great revelations. Therefore, in order to keep me from becoming conceited, I was **given a thorn in my flesh,**  
a **messenger of Satan,**  
to torment me.

# 2 Corinthians 12:8-9

**8 Three times I sought** the Lord to take it away from me. **9** But he said to me, "My grace is sufficient for you, for my power is made perfect in **weakness**." Therefore I will boast all the more gladly about my **weaknesses**, so that Christ's power may rest on me.

**What was Paul's  
Thorn?**

**Something  
metaphysical  
designed to keep him  
humble**



# 2 Corinthians 12:7

**7** or because of these surpassingly **great revelations**. Therefore, in order to keep me from becoming **conceited**, I was given a thorn in my flesh, a messenger of Satan, to torment me.

**Paul concluded the thorn was humble pie. But why would satan, the father of pride, want Paul to be humble?**

# The Battle of The Believer



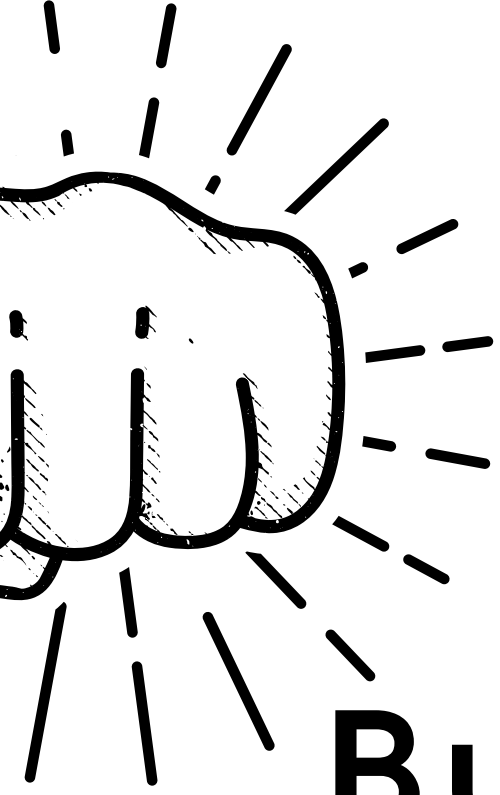
God wants you to be bold in the Kingdom yet balanced with grace.

Hallelujah with Humility



Satan wants to pervert the mountain top experience since he can't get the credit for it.

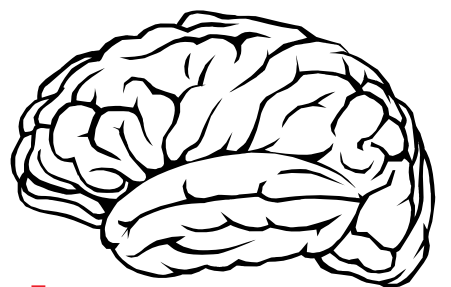
Satan wants Hell/Hate/Harm/Hurt to follow your Hallelujah



# 1 Corinthians 9:27

**But I buffet (discipline) my body and make it my slave, lest possibly, after I have preached to others, I myself should be disqualified.**

**Paul is making sure he is balanced by disciplining his body through his mind.**



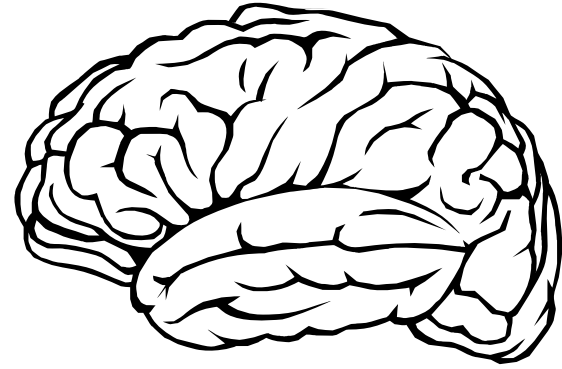
**A disciplined body comes from a disciplined mind.**

# 2 Corinthians 12

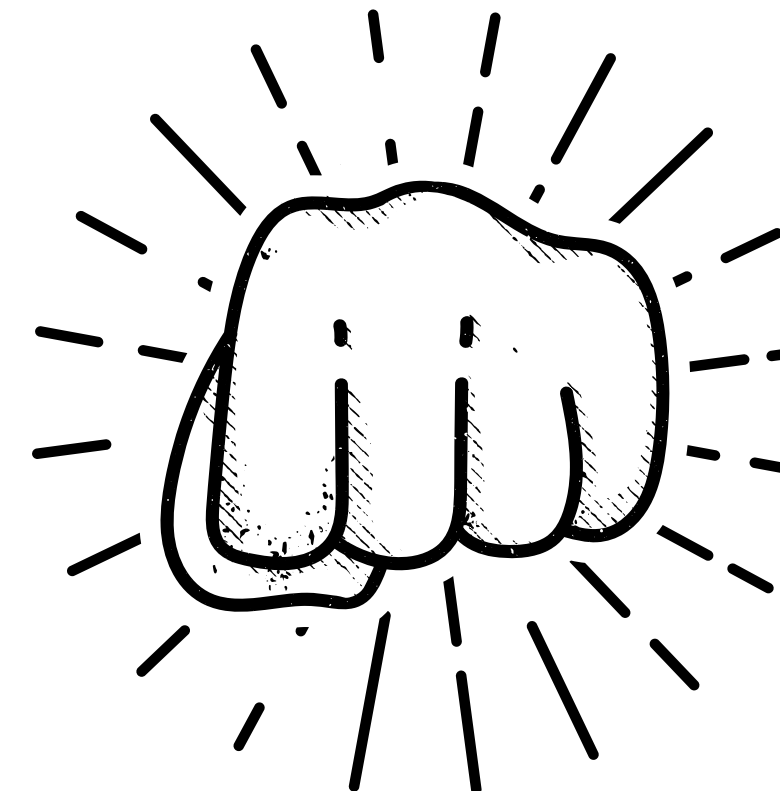
I must go on boasting. Although there is nothing to be gained, 5 I will boast about a man like that, but I will not boast about myself, except about my weaknesses.



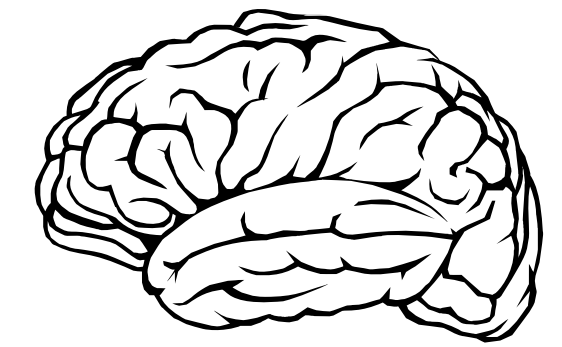
**Buffet**  
**Discipline**

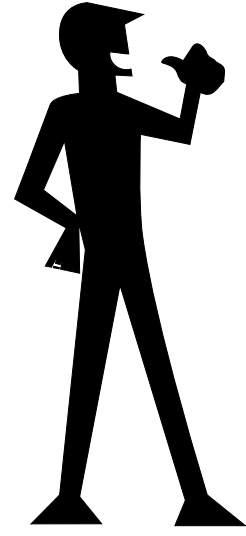


6 Even if I should choose to boast, I would not be a fool, because **I would be speaking the truth**. But I refrain, so no one will think more of me than is warranted by what I do or say.



**Buffet**  
**Discipline**





Conceited and proud is the  
perverted cousin of boasting.



Conceit rejects grace

God doesn't want you egotistical.  
God hates a proud look.

The enemy doesn't want you to boast in God.

# 2 Corinthians 12:8-9

**8 Three times I sought** the Lord to take it away from me. **9** But he said to me, "**My grace is sufficient for you, for my power is made perfect in weakness.**" Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me.

# Why Did God Tell Paul

**No!**

No will save your life and keep you close to God



# Grace

**So then, saying no to Grace is to say no to  
God's plan to keep you grounded.**

**Grace is not afraid of your  
Infirmities, Idiosyncrasies  
Weaknesses**

**Valley experiences  
Struggles, Shortcomings  
Let Grace Save Your Life!**