

Fall Into A New Mindset

Repent Review Renew

Hebrews 4:12 (NIV)

“For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart.”

Psalms 19:7–8 (NIV)

“The law of the Lord is perfect, refreshing the soul. The statutes of the Lord are trustworthy, making wise the simple. The precepts of the Lord are right, giving joy to the heart. The commands of the Lord are radiant, giving light to the eyes.”

EPHESIANS 4:22–24 (NIV)

“You **were taught**, with regard to your
former way of life,
to put off your **old self**, which is **being corrupted**
by its deceitful *desires*;
to be
made new in the attitude of your minds;
and to
put on the new self,
created to be like God in
true righteousness and holiness.”



EPHESIANS 4:22–24 (MSG)

Everything and I do mean everything
connected with that old way of life has to go.

It's rotten through and through. Get rid of it!

And then take on an entirely new way of life

a God-fashioned life,

a life renewed from the inside and working itself into your conduct
as God accurately reproduces his character in you.

This sounds like a turn around

#1 REPENT

METANOIA

Dr. Robert Smith describes it as cutting off the
old head and putting on new head.
Head is symbolic of thinking

METANOIA

#2 Review

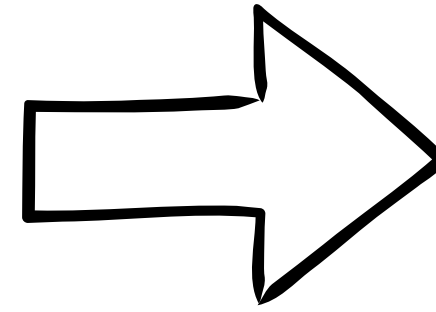
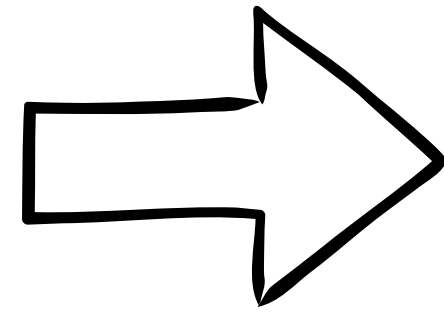
In with the new from
deep within
“The Mind”

EPHESIANS 4:22–24 (NIV)

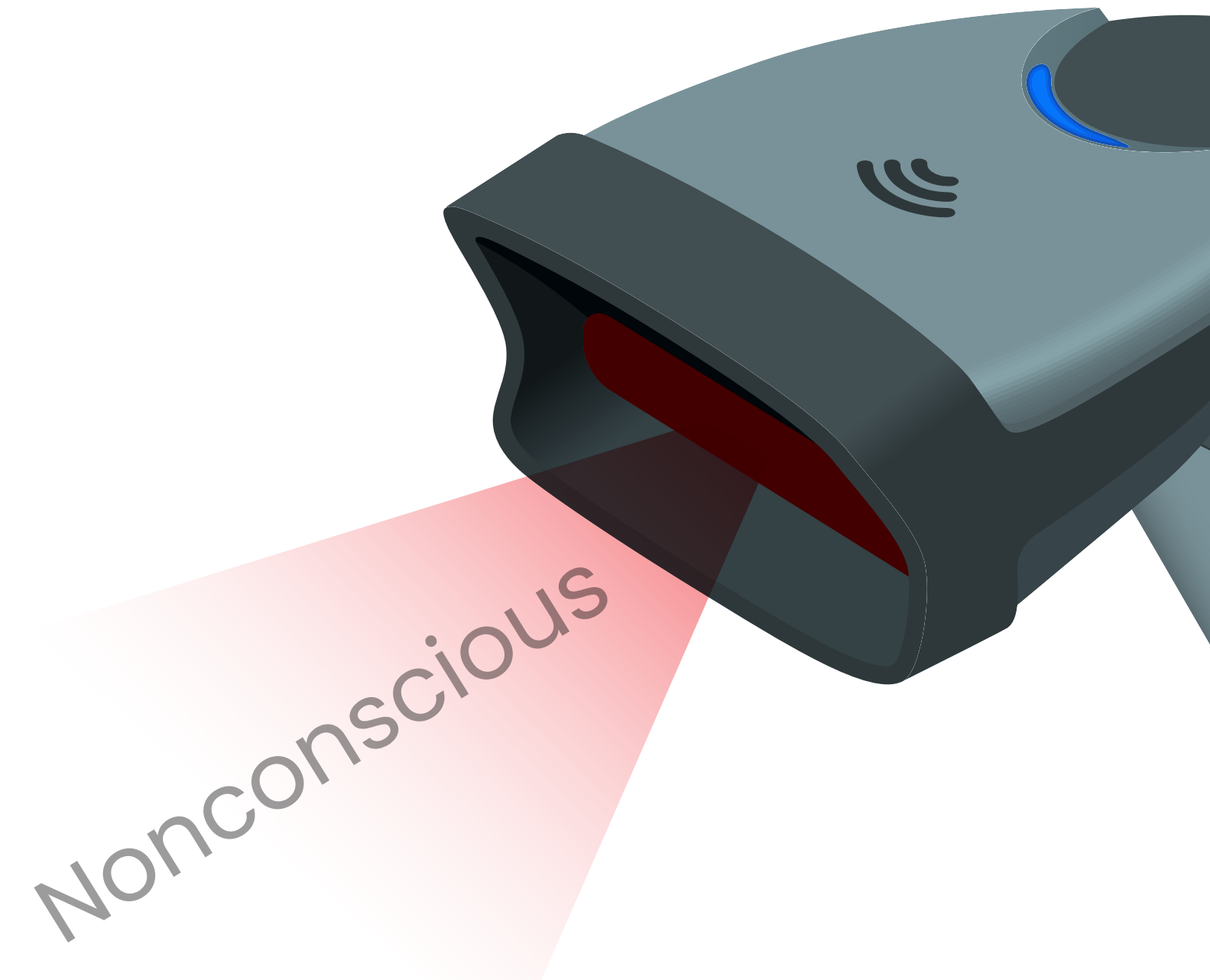
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Mindttitude

Mind + Attitude



1. Conscious
2. Subconscious
3. Nonconscious



BRAIN



chemicals
and electricity
lightning bolt of
messages

BODY

**CARRY OUT
WHAT THE MIND
TELLS IT**

**BRAIN
RESPONDS
TO THE MIND**

**BREATHING
RACING HEART
HANDS MOVE
FEET MOVE
DIGESTION**

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Metacognition

Aware of my thought process

Jump shot | Golf swing | Tennis swing | Cooking



How did your old self get so bad so rugged so corrupted so blinded?

**Habits don't start in
your hands and feet.
Habits start in your
thoughts.**

**Reckless thoughts
Reckless actions**

**Good attitude
Good thoughts**

**Uncontrollable eating,
spending or unwanted
habits are
uncontrollable thoughts**



TODAY IS NOT NECESSARILY MORAL REPENTENCE

1. Assignment
2. Relationship
3. Enviroment
4. Habit
5. Way of life
6. Occupation
7. People

Metanoia

