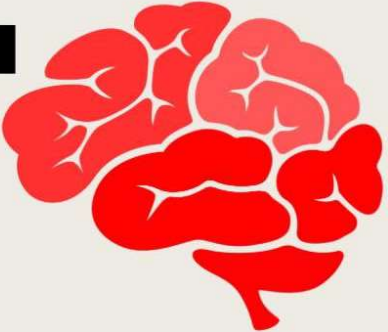


MEN T  L

H E  L T H

House of Judah
Seneca, SC
22 June 2025
Pastor Katie! E. Webb

MENT  L
H E  L T H

~ TAG ~
Thanks, Appreciation,
Gratitude,
and Prayer

MENT  L
H E  L T H

Scripture:

Romans 12:2, 12

² And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.

¹² Rejoicing in hope,
patient in tribulation,
continuing steadfastly in prayer...

MENT  L
H E  L T H

Scripture:

Philippians 2:5 – 6

Let this mind be in you, which
was also in Christ Jesus:

⁶ Who, being in the form of God,
thought it not robbery to be
equal with God.

Psalms 23:3

He restores my Soul;
He leads me in the paths of
righteousness
For His Name's Sake.

MENT  L
H E  L T H

Thought for Today:

I Have a
Father Who
Can!

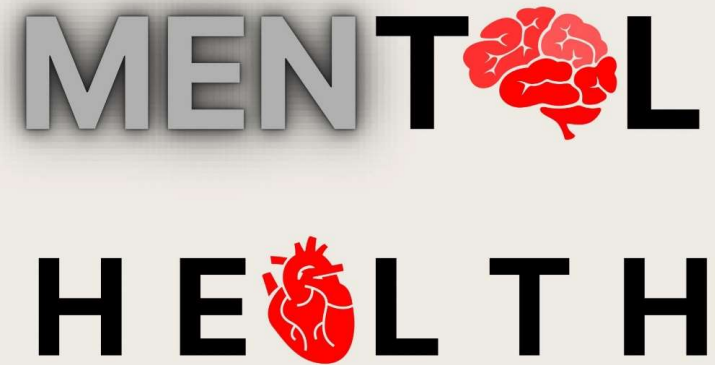
I AM A Mighty
M.O.V.E.!

MENT  L
H E  L T H

A Healthy Spouse, a Healthy House
reminds men—married or single—
that a strong home begins with
a whole man. The strength to lead,
love, and build well is already in us.

When we walk in wholeness,
we don't just shape a home —
we shape a legacy.

It starts with Us,
and it starts NOW.



MENTAL
HEALTH

I apologize

I Never Knew...
I was UNAWARE!!

MENTAL
HEALTH



I Have A Father Who Can –

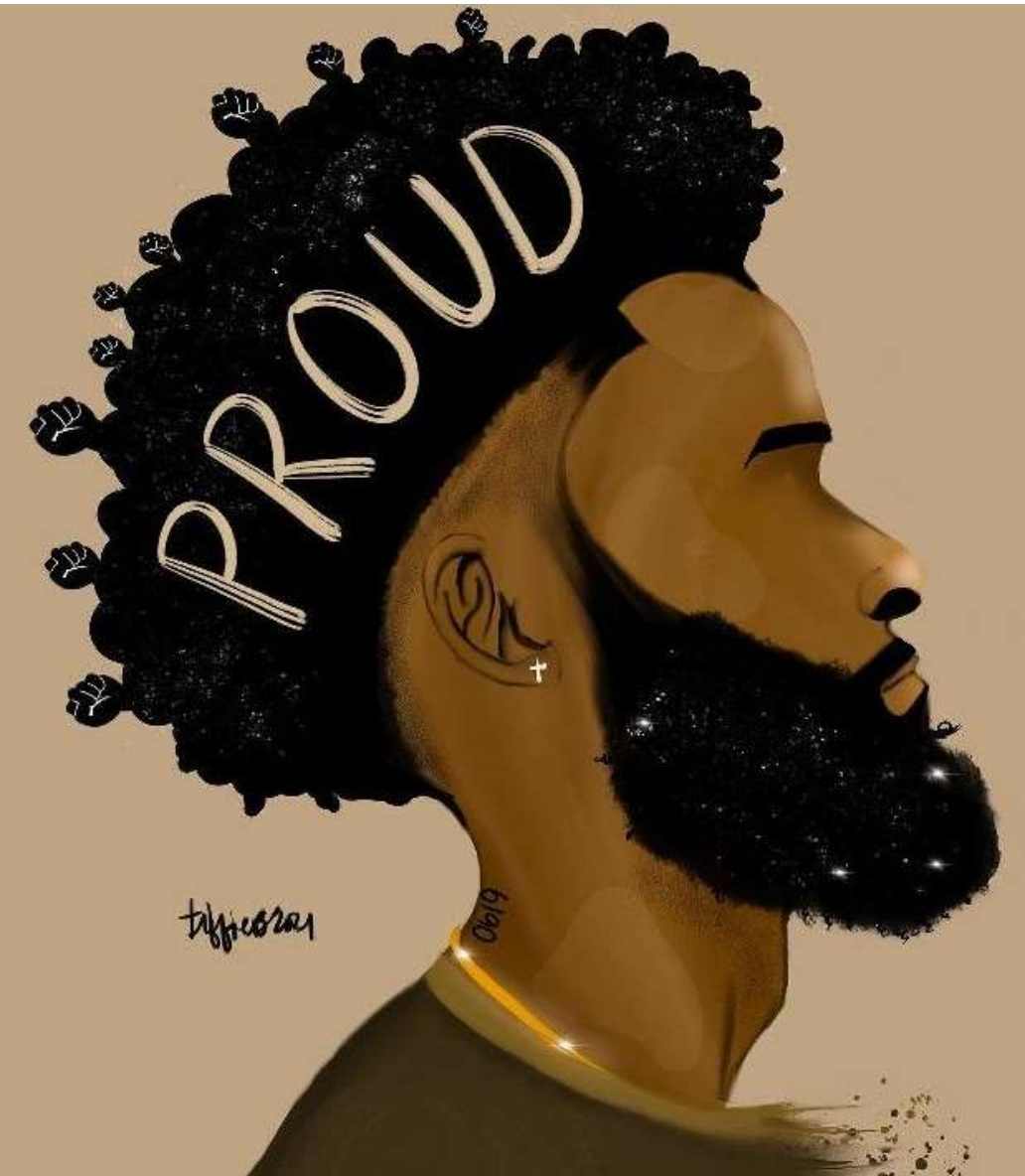
Ron Winans/CeCe Winans

I might not be able to tell the wind when to
blow, or the stars to shine at my command
But there is one consolation I'm happy to
know, I have a Father Who Can.

I may not be able to tell The Sea when to
stop, before She rolls across The Sand...
A Father who will always understand
And He'll always be there to lend a Helping
Hand.

No matter the situation that this world may
bring if on His Word on His Word I stand.
I have a Father Who Can
I may not be able to deliver a soul from sin
Or to mend the broken heart of a man...

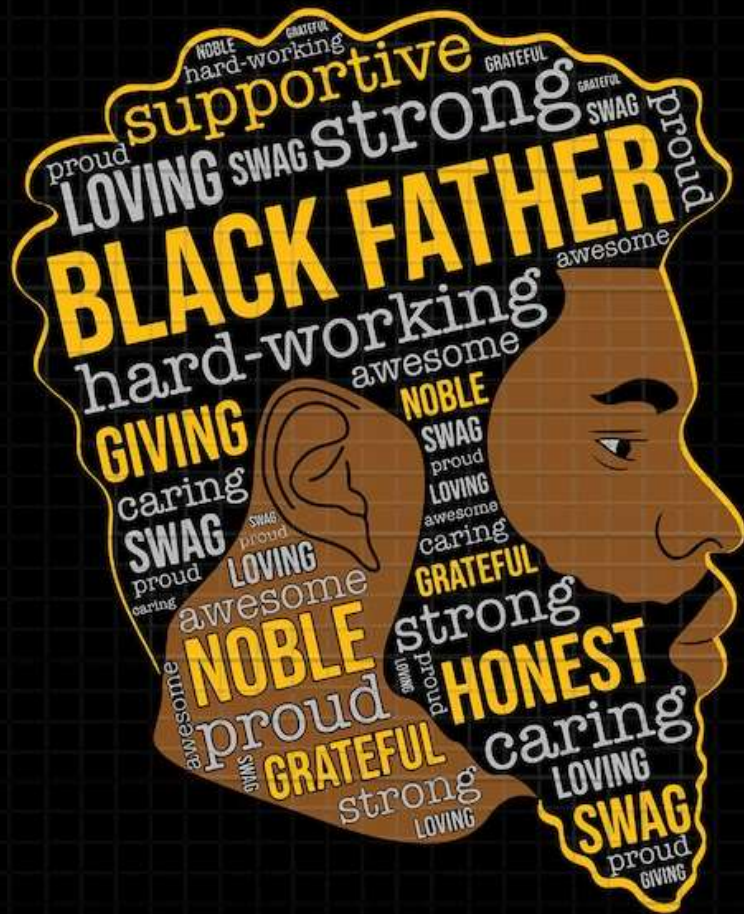




Romans 12:2, 12

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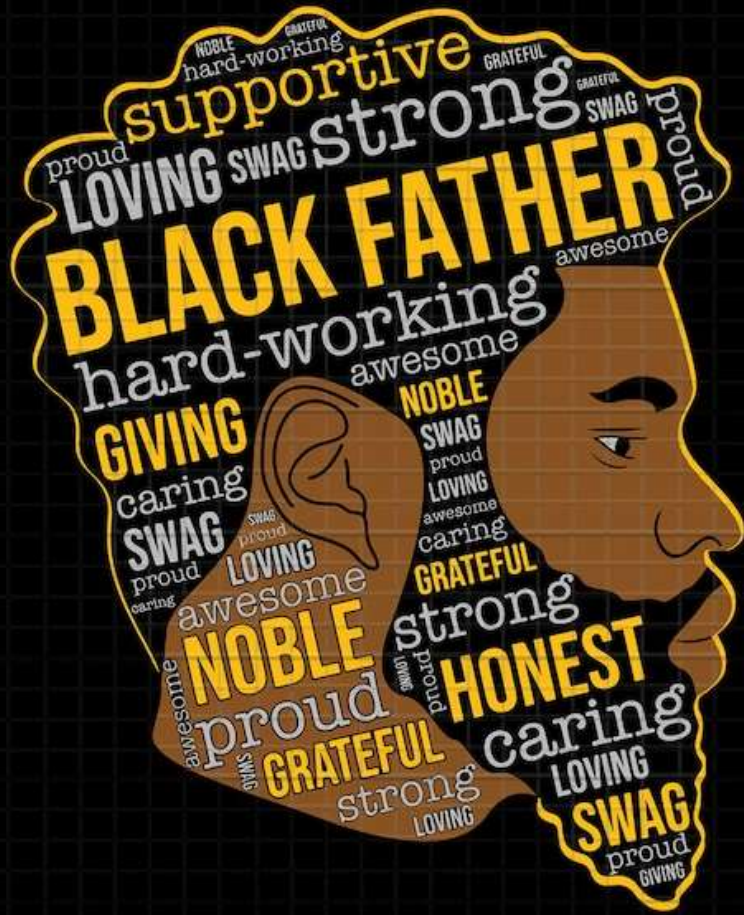
Redefine with Christ's Mind

Philippians 2:5 – 6

Let this mind be in you, which was also in
Christ Jesus:

⁶ Who, being in the form of God,
thought it not robbery to be equal with God:

I AM A Mighty M.O.V.E.!



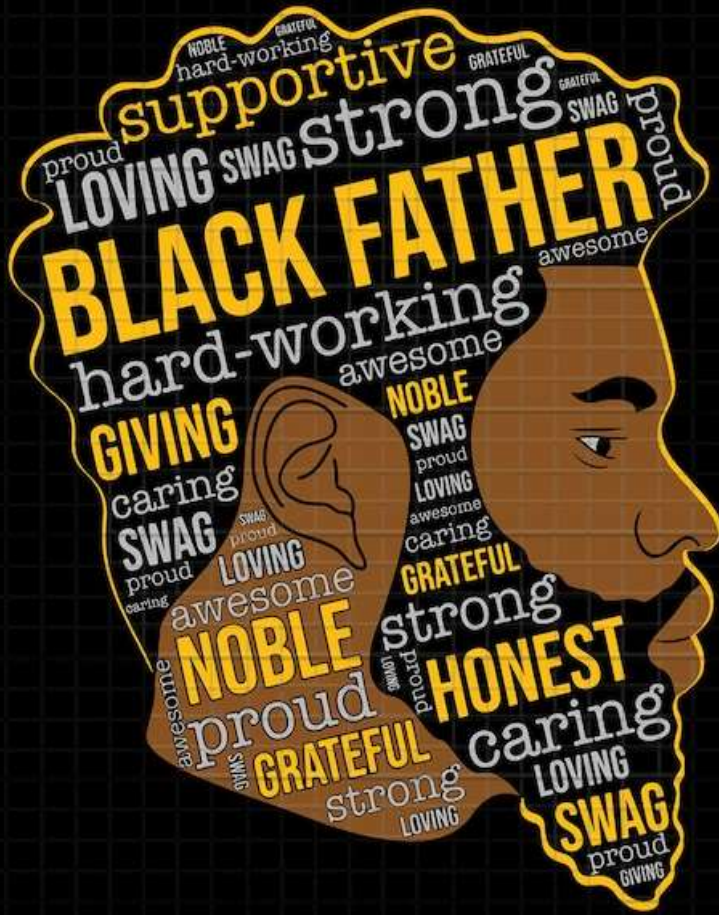
Who Does God Say You ARE?

I AM A Mighty
M.O.V.E.!

Man Of Valor and Excellence

How do you see Your Self?

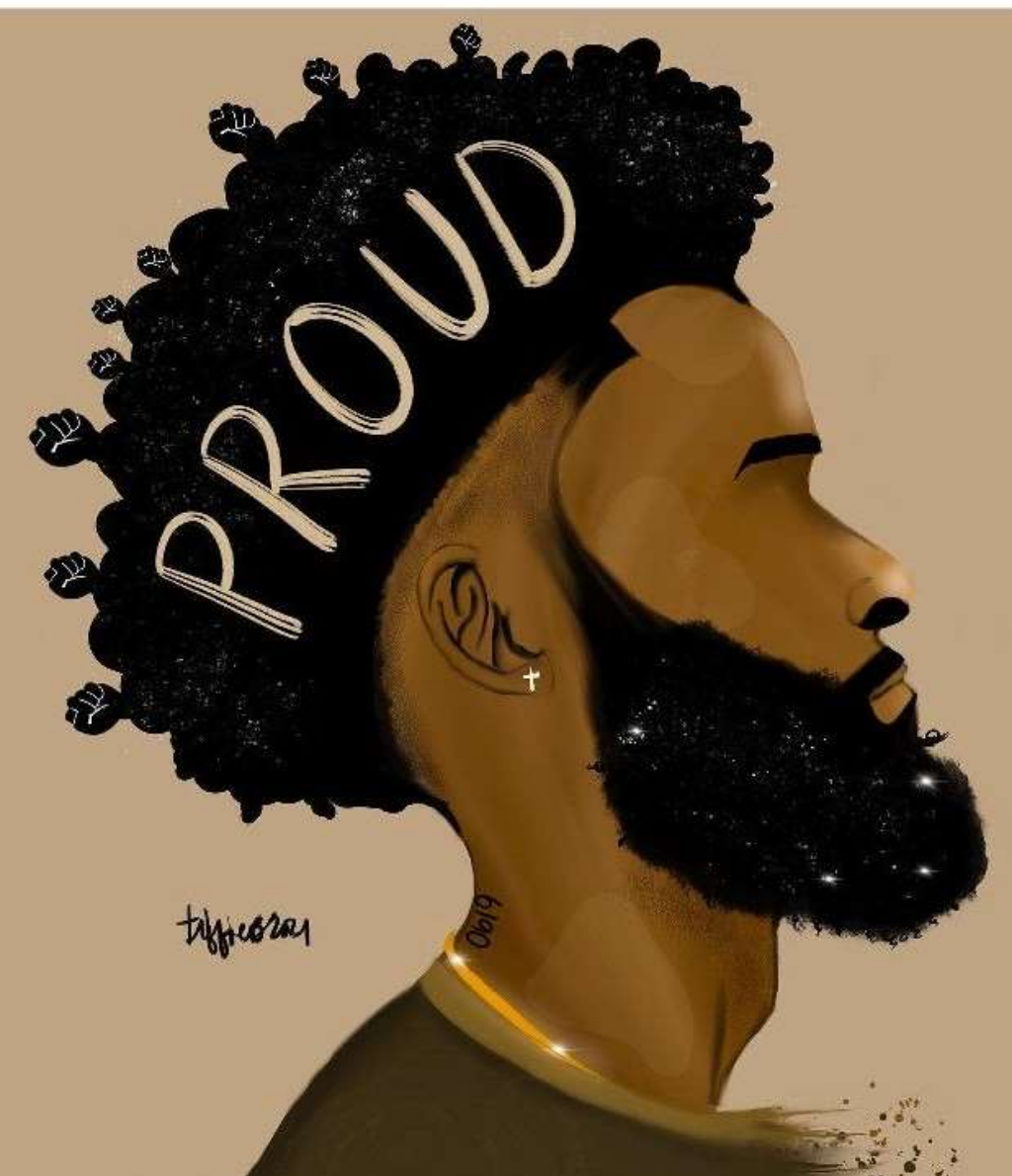
Do you see Yourself in the Form of God
or a sinner?



S.O.S. Sacred Opportunity Shifts

No longer tested.
No longer tried.
I Am Sanctified!

I AM
Becoming who GOD says I AM!
I AM a Radical God- Conformist!



Juneteenth and Mental Health

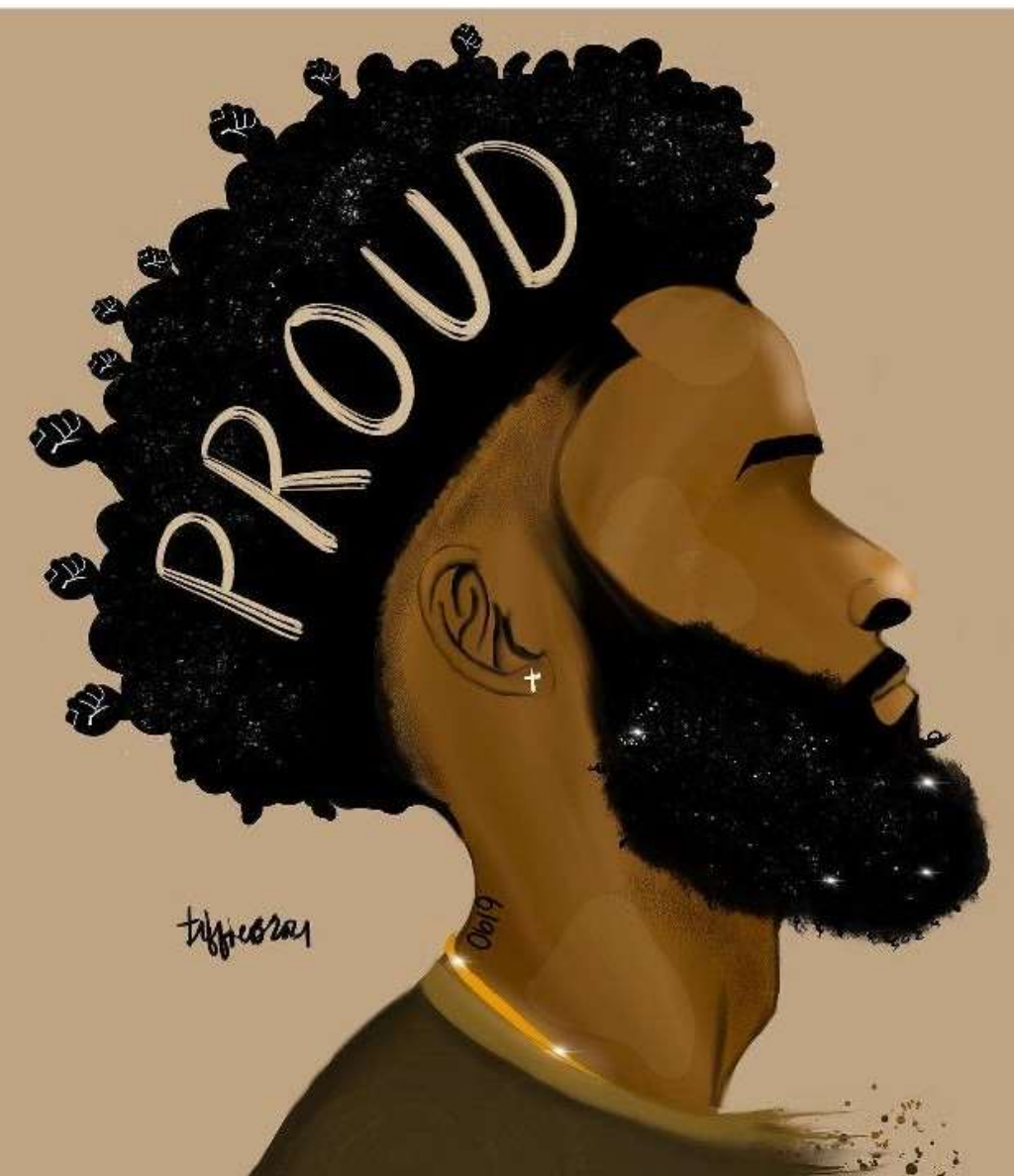
1 January 1863 - Emancipation
19 June 1865 - Galveston, TX

1712 - James River, VA. *Willie Lynch Letter*

“The letter purports to be a verbatim account of a short speech given by a slave owner, in which he tells other slave masters that he has discovered the “secret” to controlling black slaves by setting them against one another...”

<https://youtu.be/EHdPTKuUxRY?si=OMX2iBVp9F4NJJaFZ>

https://youtu.be/BGjSday7f_8?si=tFyOLViAXyK8SR7P



“Keep the body. Control the mind...”

Who or what controls our Minds?

The Spirit of God?

Spirit of the world?

The world keeps calling us sinners.

God calls us “Sons/Daughters.”

The world calls us “Dawg.”

SOS says we are DAWG –

Divinely Awakened Worthy Godly

I am Worthy, not worldly!!

Where does the Black Man go to feel Safe?

S.O.S.

Sacred Opportunity Shifts

Because I Have A Father Who Can – I AM A Father Who Can!

F.A.T.H.E.R.

Faithful - If we confess our sins, God is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness...

1 John 3:9

Anointed - And he poured of the anointing oil upon Aaron's head, and anointed him, to sanctify him.

Lev. 8:12

Trustworthy - Trust in the LORD with all thine heart; and lean not unto thine own understanding.

Prov. 3:5

Holy – Healthy, Honest, Healed:

O – Obedient, Optimistic, Objective:

L – Loving, Loyal, Leader: Y – Yearning, Yielded,

Yes Be ye holy; for I am holy.

1 Peter 1:16

Exemplary - Ye are the light of the world.

Matt. 5:14

Resilient – He restores my Soul; He leads me in the paths of righteousness For His Name's Sake.

Ps. 23:3



BLACK-FATHER

/blak 'faTHər/
noun

1. He selflessly protects his family while holding the weight of the world on his shoulders. Blessed with melanin. The most important piece in the game.

2. A highly respected, commanding, powerful and ambitious male of African heritage, who is naturally muscular with soft kinky hair that grows towards the sun. Male royalty personified.

I can do all things through Christ who strengthens me.

Phil. 4:13

Radical God Conformist!
What MORE does God have
to do for us for US to be Who
HE says we ARE?

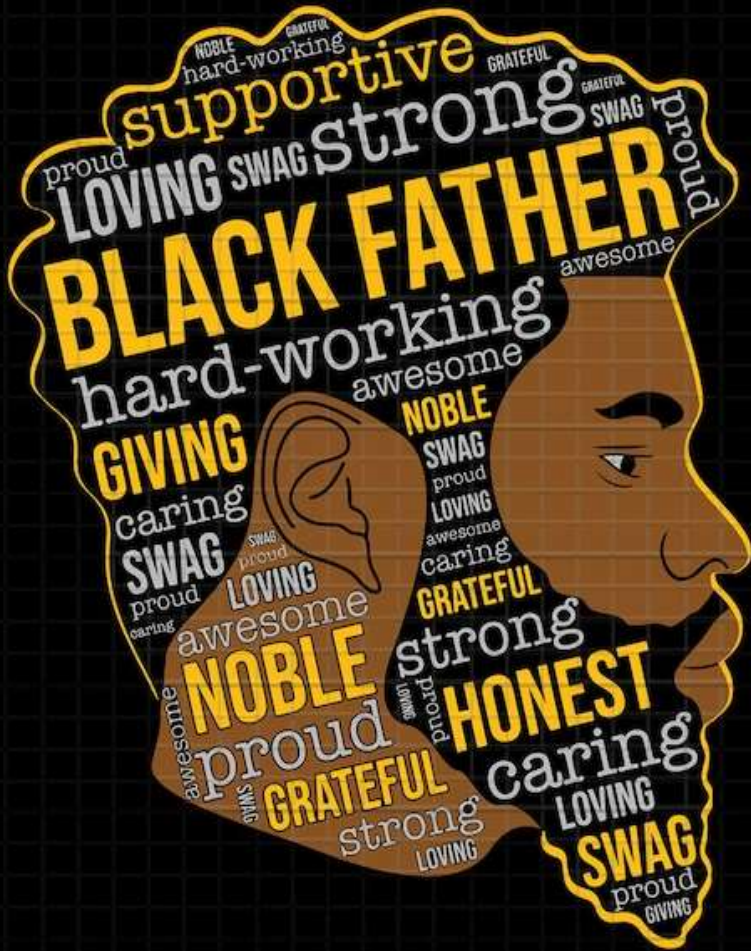
We are:

We are Spiritual Beings who are
One With Christ.

Our Minds are Transformed
and Renewed in Christ Jesus!

I AM A Mighty MOVE!





Closing, Invitation and Benediction:

24 Now unto Him that is able to keep
you from falling, and to present you
faultless before The Presence of His
Glory with exceeding joy,
25 To the Only Wise God Our Savior,
be Glory and Majesty,
Dominion and Power,
both now and ever.
For His Name's Sake and His Glory..