



music to my ears

They were **helped in fighting them**, and God delivered the Hagarites and all their allies into their hands, because they **cried out to him** during the battle. He answered their prayers, because they trusted in him.

1 Chronicles 5:20



Shavah

A Cry For Help

and perhaps it's music to God's ears

The Reubenites, the Gadites and the half-tribe of Manasseh had 44,760 men ready for military service—**able-bodied men** who could handle shield and sword, who could use a bow, and who were trained for battle. They waged war against the Hagarites, Jetur, Naphish and Nodab.

1 Chronicles 5:18-19

Able-bodied men:

1) strong, 2) able, 3) efficient

Don't let your ability or gifts become a distraction

Your gifts are from God but
your gift is not God

Your gift is proof of God's goodness

Avoid letting the

proof

lead to

pride



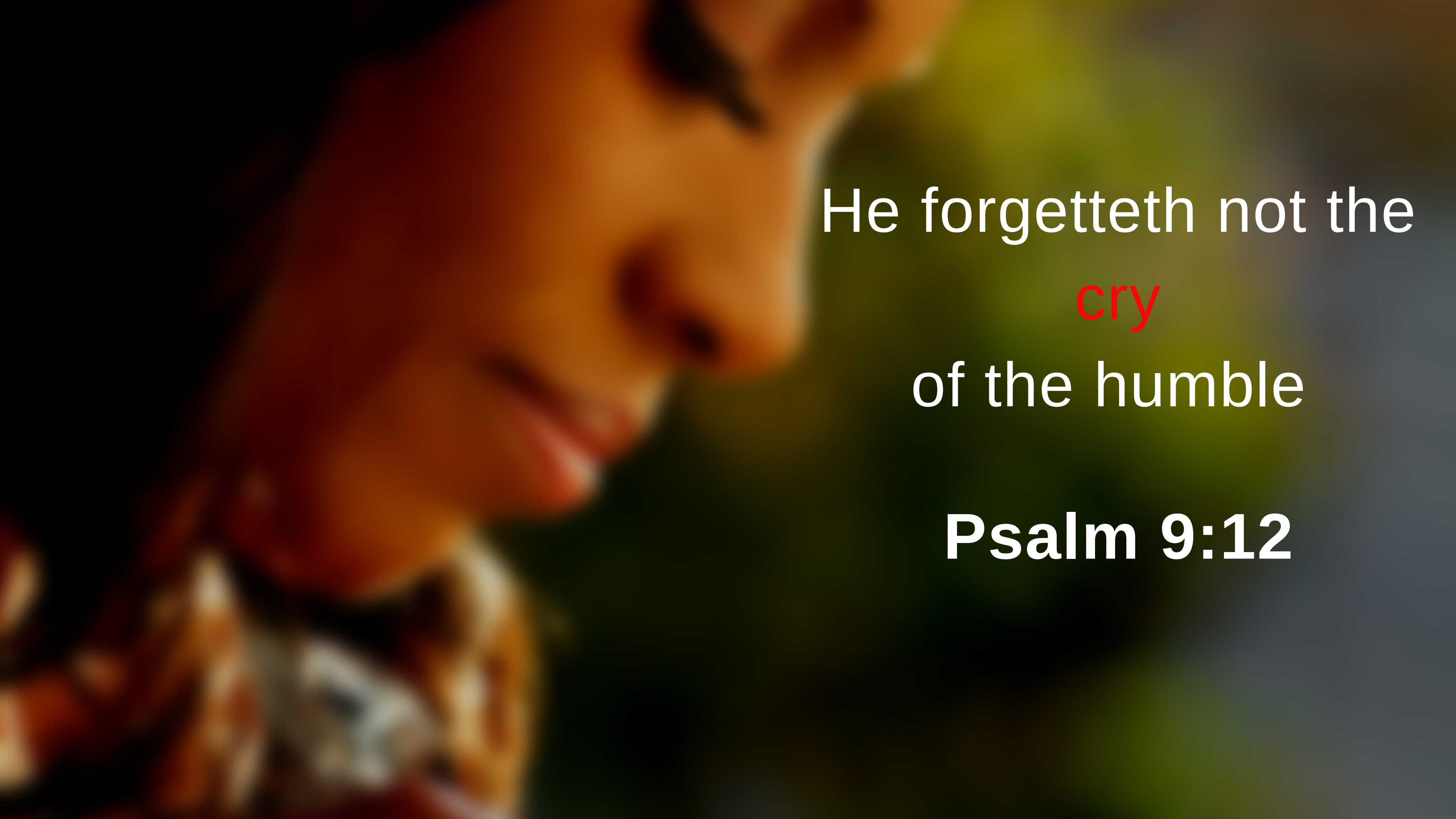
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1 Chronicles 5:20

How does over 44k
able-bodied men
quickly need help?

Perhaps because of
pride
overestimating themselves or
outmatched

That's why we have to rely on God for help even if you are
gifted. If it takes you humbling yourself and letting out a cry.
So be it.



He forgetteth not the
cry
of the humble

Psalm 9:12



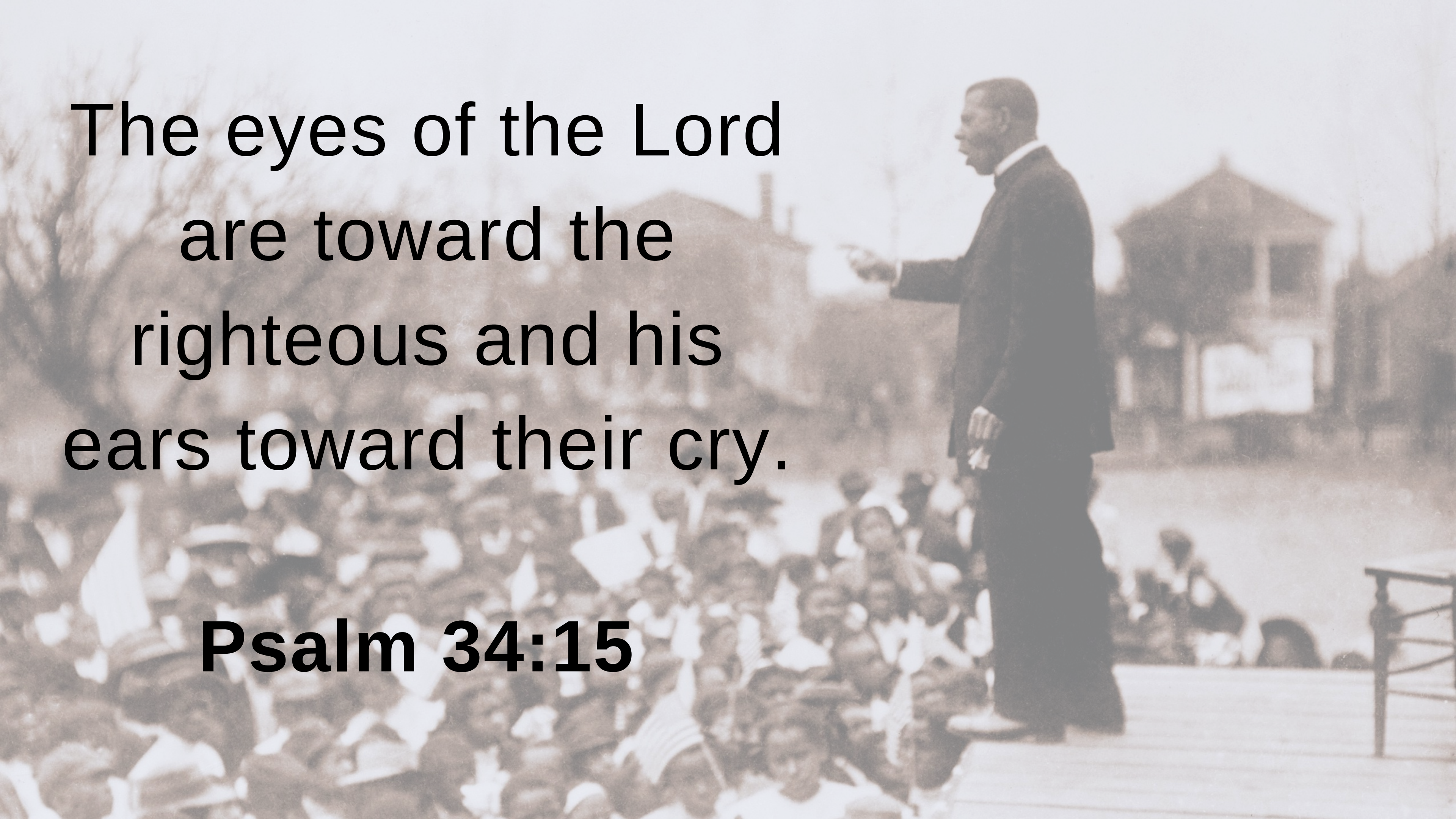
What if we see

Shavah

like a distress call

The eyes of the Lord
are toward the
righteous and his
ears toward their cry.

Psalm 34:15





Rosa Parks
what was your
shavah?

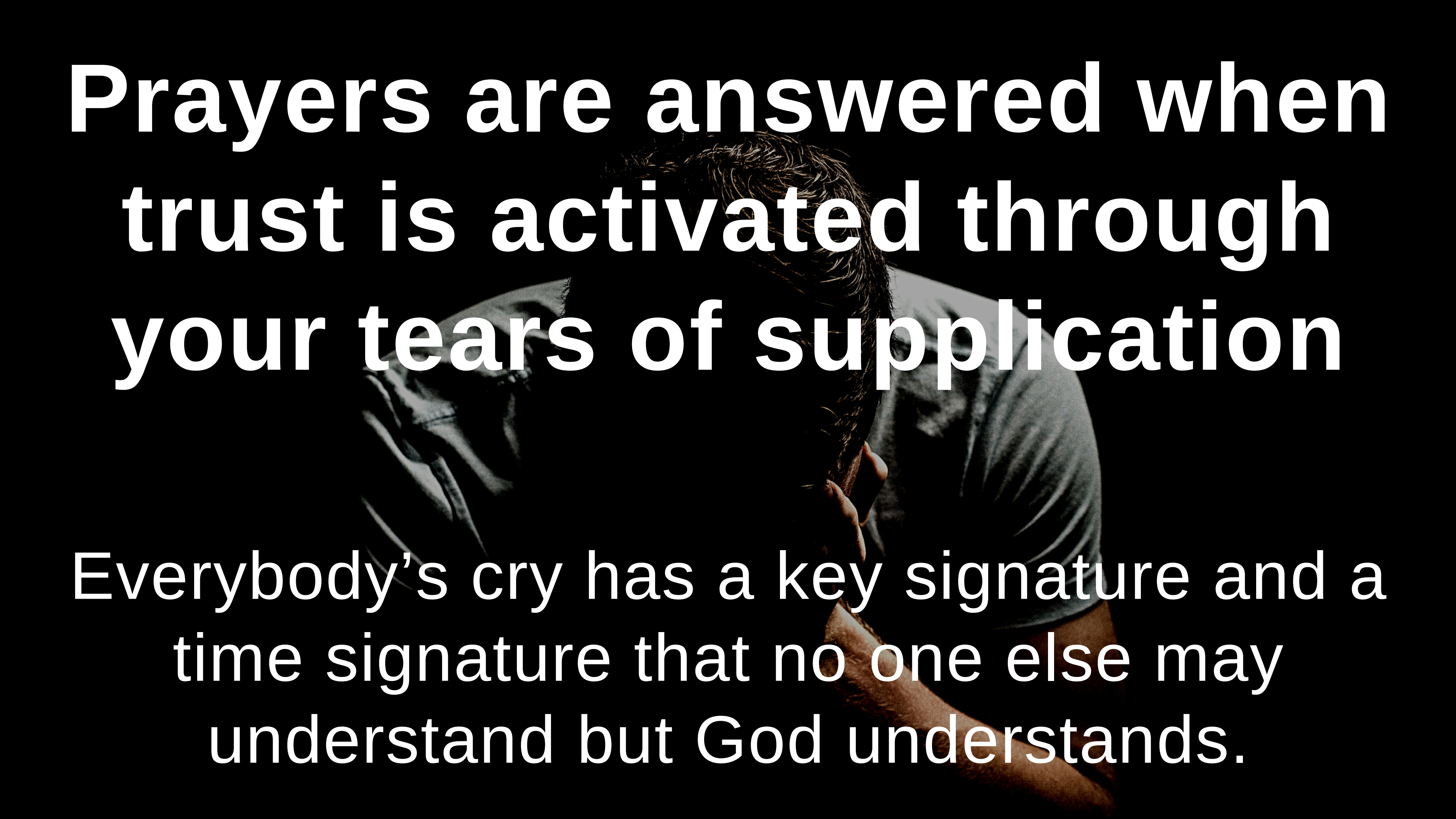
**A cry for justice for all to be able to ride
the bus in peace and choose any seat.**

Her “no” cried that day.

Harriet Tubman
what was your
shavah?

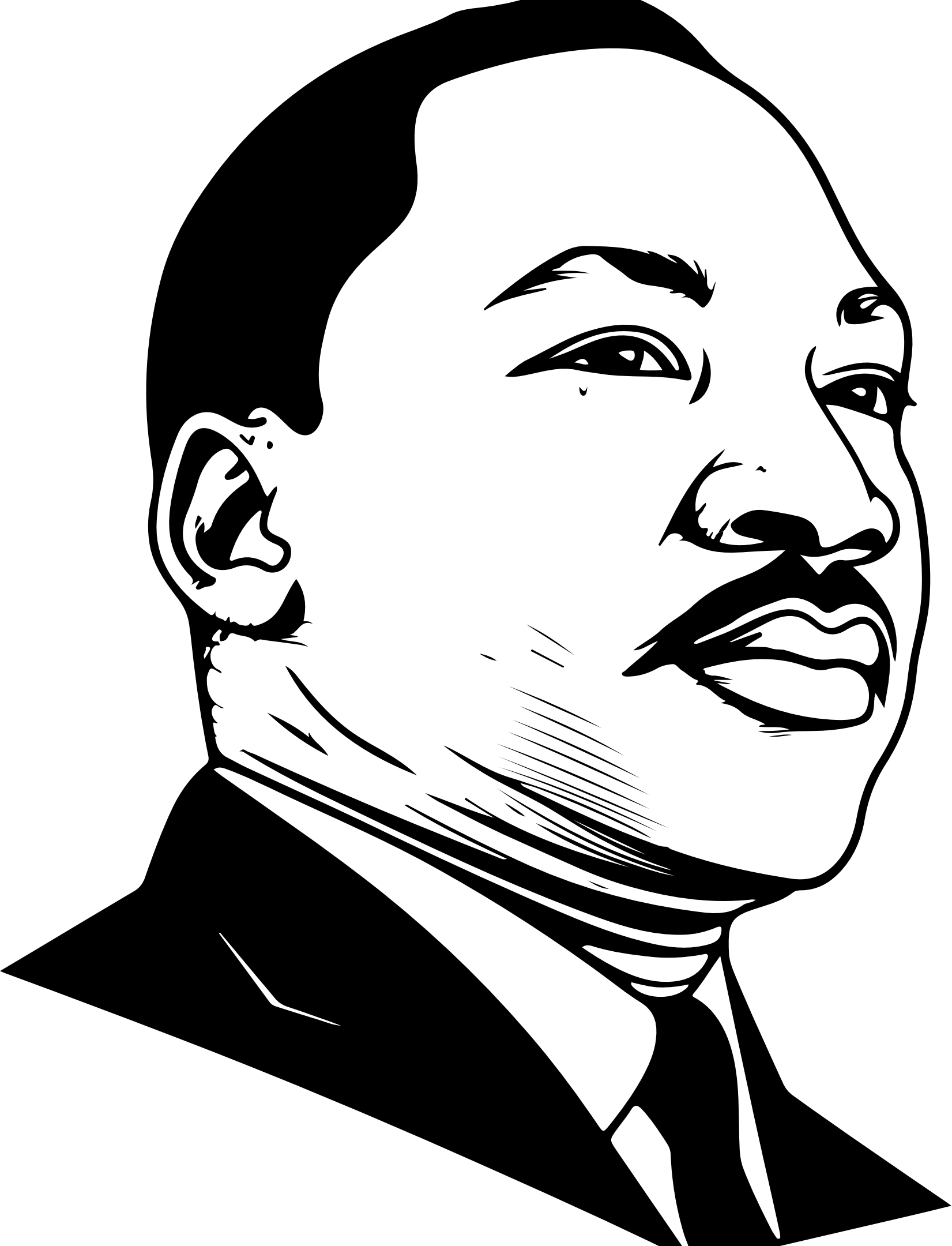


**My feet won't stop
moving until every
slave is free!**



**Prayers are answered when
trust is activated through
your tears of supplication**

**Everybody's cry has a key signature and a
time signature that no one else may
understand but God understands.**

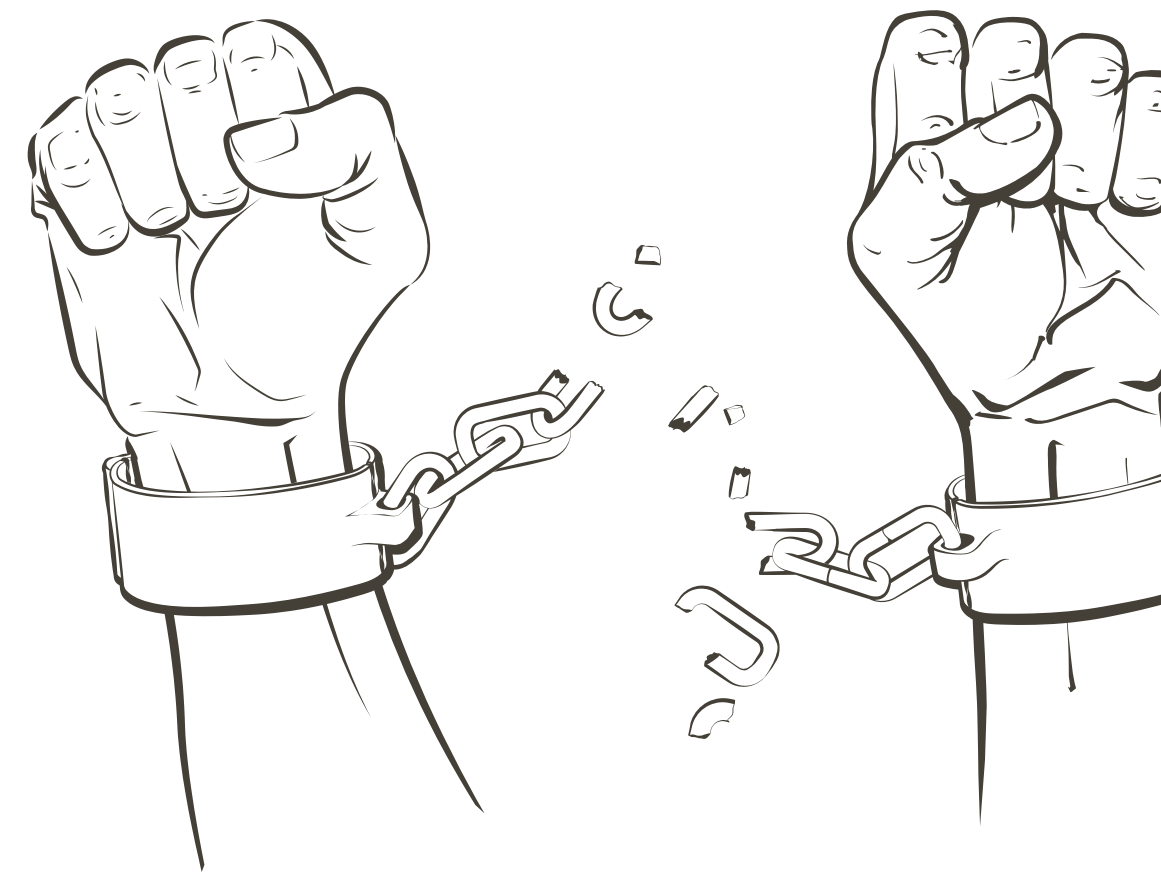
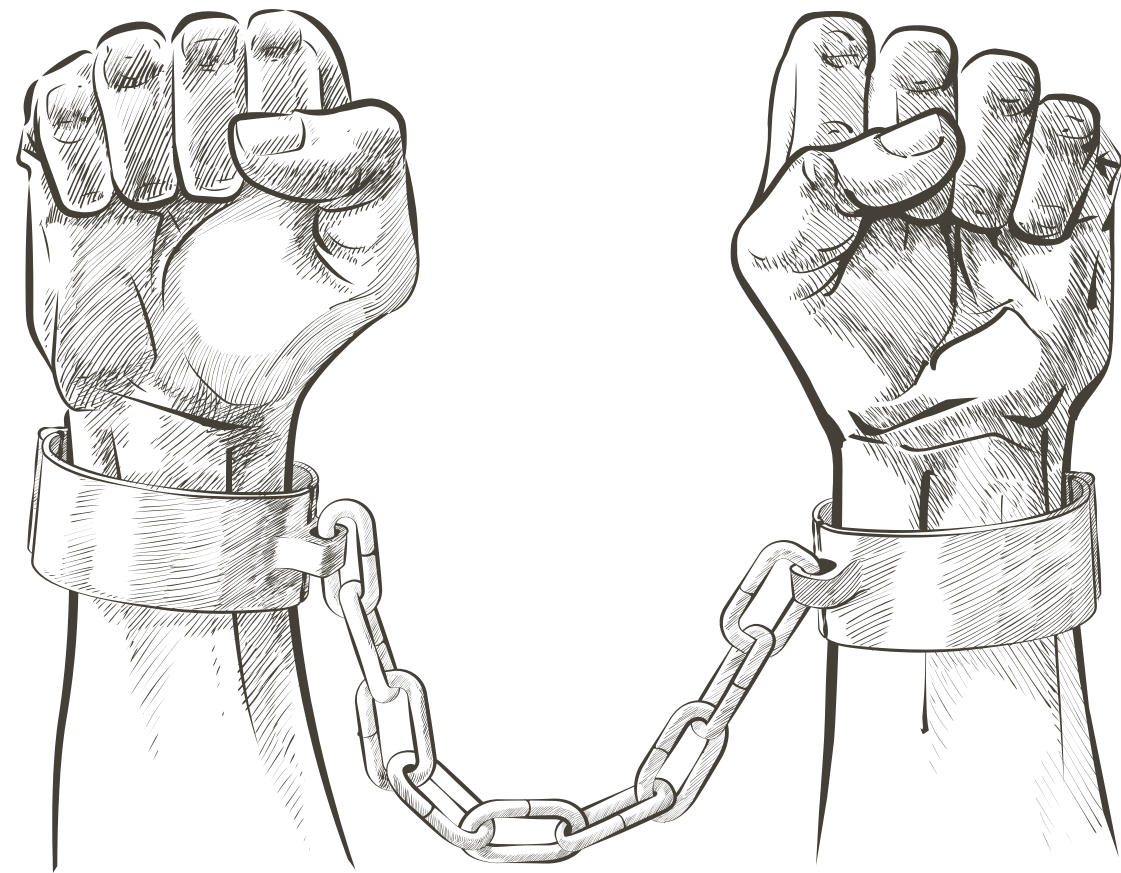


Dr. King
what was your
shavah?

**Dr. King cried in his sleep.
He had a dream of liberty
and justice all people.**

Slaves, what was your shavah?

**Simply to be relieved
from the abuse and
the murders of family
and friends. It was a
liberation cry.**



He will fulfill the desire of them that fear
him: he also will hear their
cry,
and will save them

Psalm 145:19

A close-up, high-angle shot of a person's face, focusing on their eye and cheek. The person has dark skin and is looking downwards. A single, large tear is visible on their cheek, just below the eye. The lighting is dramatic, with strong highlights and deep shadows, creating a somber and emotional atmosphere. The background is blurred, showing indistinct lights.

What's your shavah?

Do you know
how to cry?





VULNERABILITY

Victory in vulnerability



**If you know how to cry
you know how to win**



WIMPS

**You're not a wimp
when you cry
you are a winner**