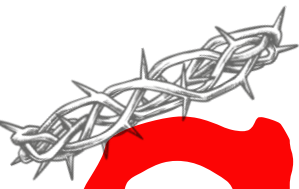


HEART
OF
THE
MATTER
SERIES





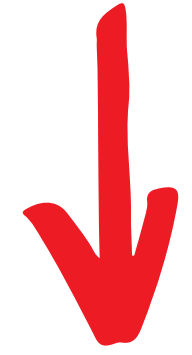
CHRIST

HEART

CARDIAC

A GREAT

ASKS



LOL



LOGS





A GOOD DOCTOR ASKS QUESTIONS

5 QUESTIONS
YOUR DOCTOR
SHOULD ASK YOU

- 1. What's been going on recently in your life?**
- 2. What brought you here today and why does it concern you?**
- 3. Do I have the story and details right?**
- 4. Does what I said make sense?**
- 5. What changes will you make going forward?**



Questions?

How can questions be a catalyst for change?



We learn about life through questions

The more we question, the better answers we get

The quality of our lives depends on questions we ask

Questioning makes you open

Questioning makes you wiser

Asking the right questions creates happiness



Matthew 9:4

Knowing their thoughts, Jesus

said,

Why do you think (entertain)

evil thoughts

in your hearts?



What does it mean to entertain evil thoughts?



**You don't trust
me mom?**

A Family That Preys

Alice Pratt to her son...

**"It's not that I
don't trust you: it
is your inner
thoughts that
give me pause."**



A GOOD DOCTOR
ASKS QUESTIONS
CARDIOL♥G?S



Matthew 9:4

Knowing their thoughts, Jesus

said,

Why do you think (entertain)

evil thoughts

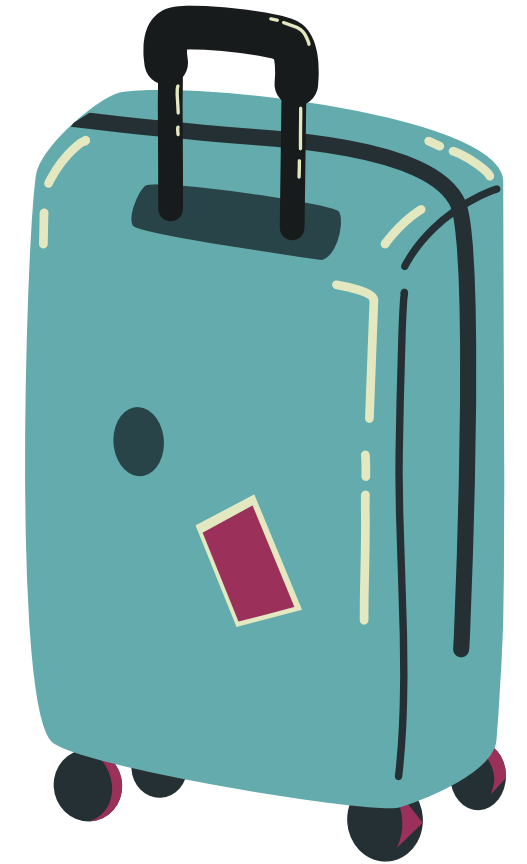
in your hearts?



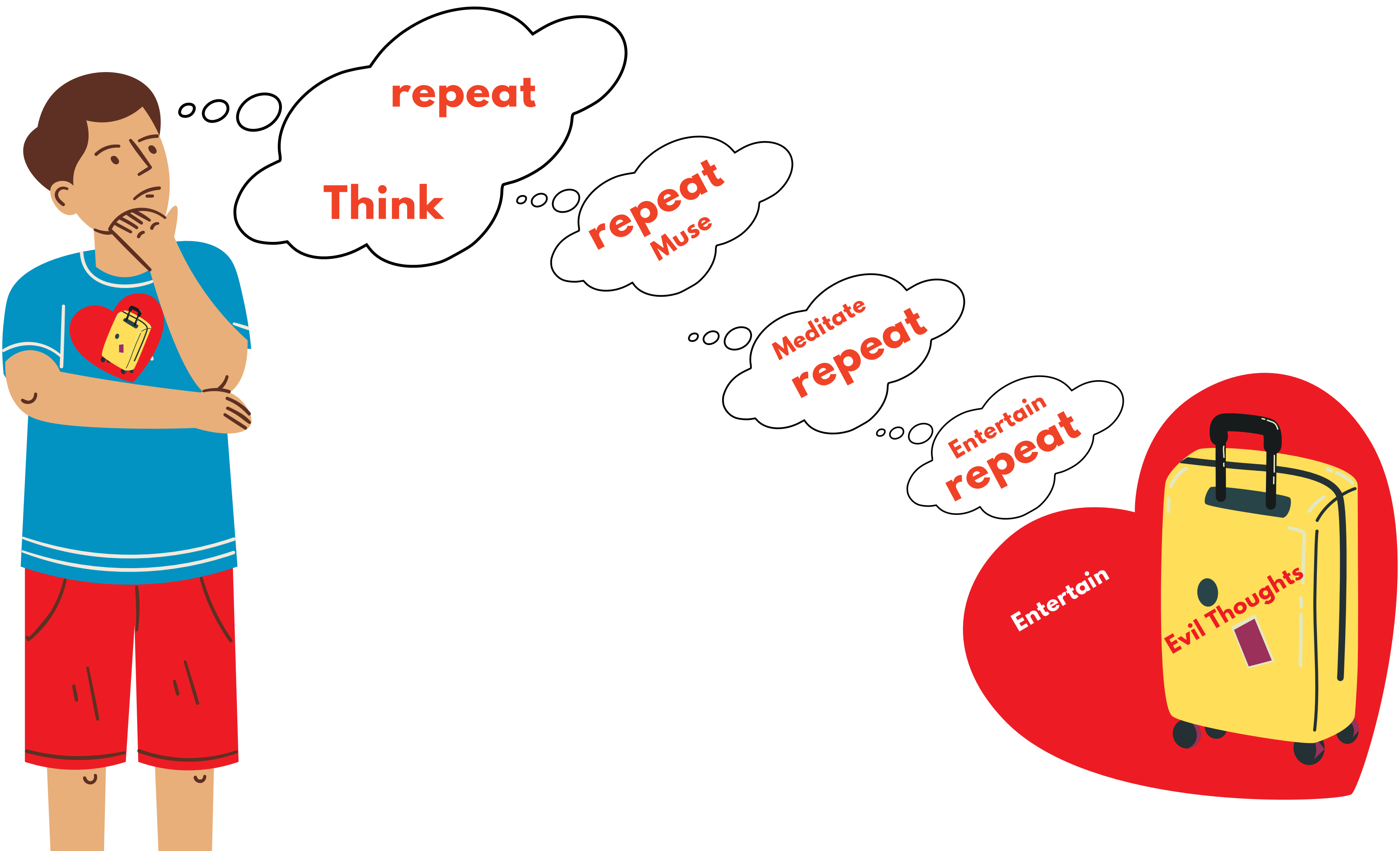
What does it mean to entertain evil thoughts?



Ponder
Meditate
Rotate
Spin
Entertain



Ask yourself, "Am I a host for evil thoughts?"



repeat

Think

repeat
Muse

Meditate
repeat

Entertain
repeat

Entertain

Evil Thoughts

Jesus' Question Triggers Metacognition

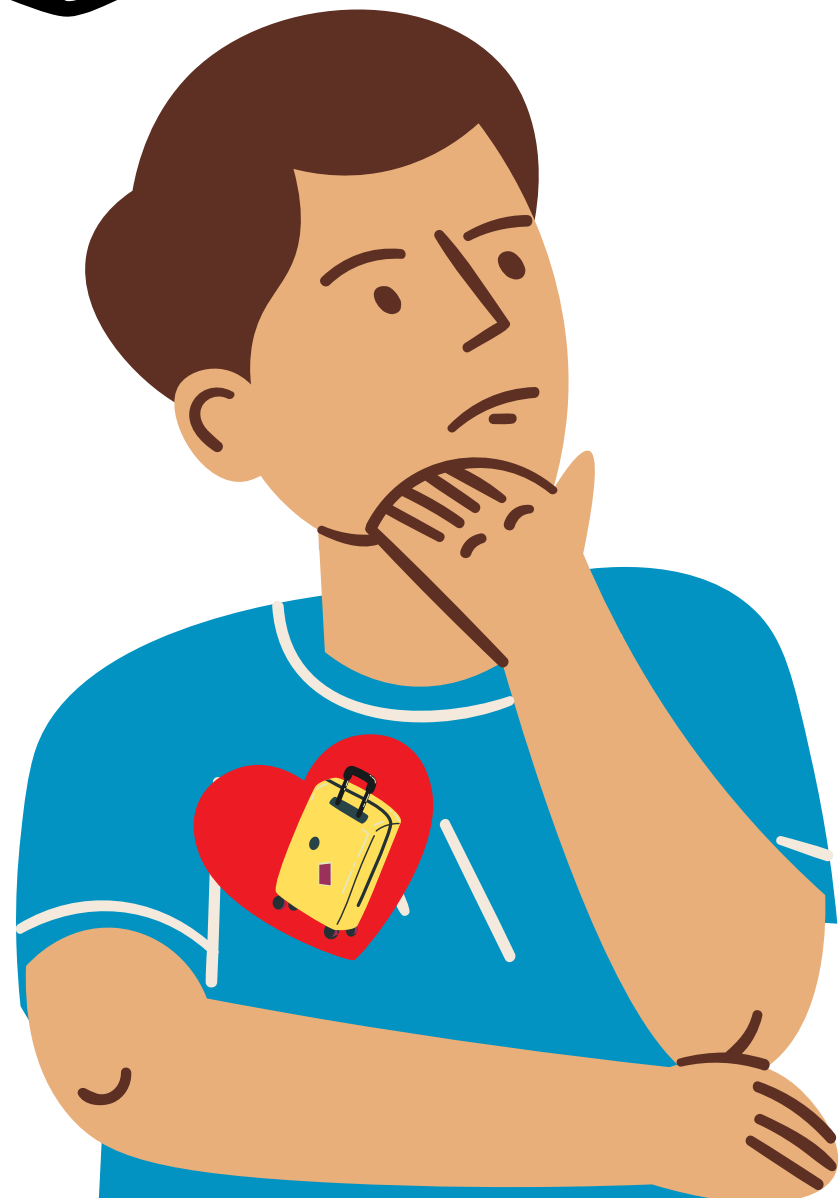
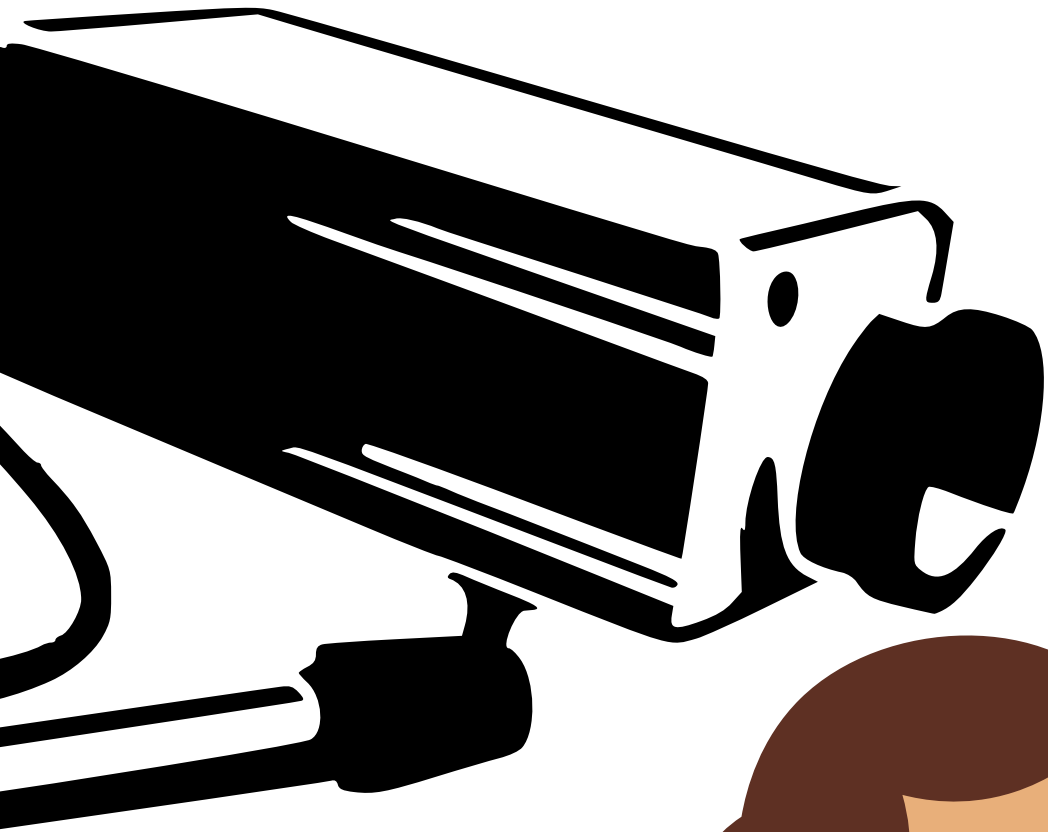
Am I aware of my thought process

It's like the scientific method on your thoughts



Metacognition at work!

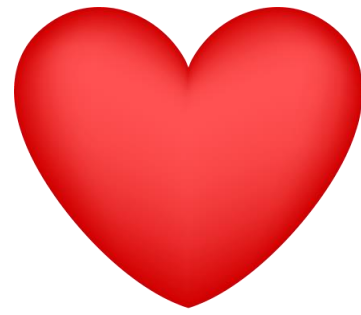
Surveillance Cam | Replay | Study | Rewind
Report | Delete | Analyze | Transcribe
Catalog | Pivot | Make Changes



How did you get here?

Suitcase of evil thoughts

THE HEART OF THE MATTER
REVEALS HEART PROBLEMS



THE GOOD NEWS IS
JESUS SPECIALIZES

THE GREATEST CARDIOLOGIST



Matthew 9:10-13

10 While Jesus was having dinner at Matthew's house, many tax collectors and sinners came and ate with him and his disciples.

11 When the **Pharisees** saw this, they asked his disciples, “Why does your teacher eat with tax collectors and sinners?”

12 On hearing this, Jesus said, “It is **not the healthy** who need a doctor, **but the sick.**”

13 But go and learn what this means: ‘I desire mercy, not sacrifice.’
For **I have not come to call** the righteous, but **sinners (sick folks).**

JESUS WANTS TO
GET TO THE ROOT

HEART
OF
THE
MATTER



The chief
cardiologist is
qualified
to treat the

Levav
Kardia



The Heart Is Complex

Inner man

Mind

Will

Decision

Understanding

Desires

Intellect

Inner part

Knowledge



**Levay
Kardia**

Thinking

Reflection

Memory

Inclination


Resolution

Determination (of will)

Conscience

Seat of emotions and passions

Seat of appetite and desires



**Keep thine heart
with the utmost
care; for out of
these are the issues
of life.**

Proverbs 4:23

Questions will reveal what you need to let go

Matthew 9:4

**Knowing their thoughts, Jesus said,
Why do you entertain evil thoughts in your
hearts?**



9 sec
19 sec
9 min
19 min
90 min
9 hours

Put the glass down



Evil Thoughts

Questions will reveal

your heart needs

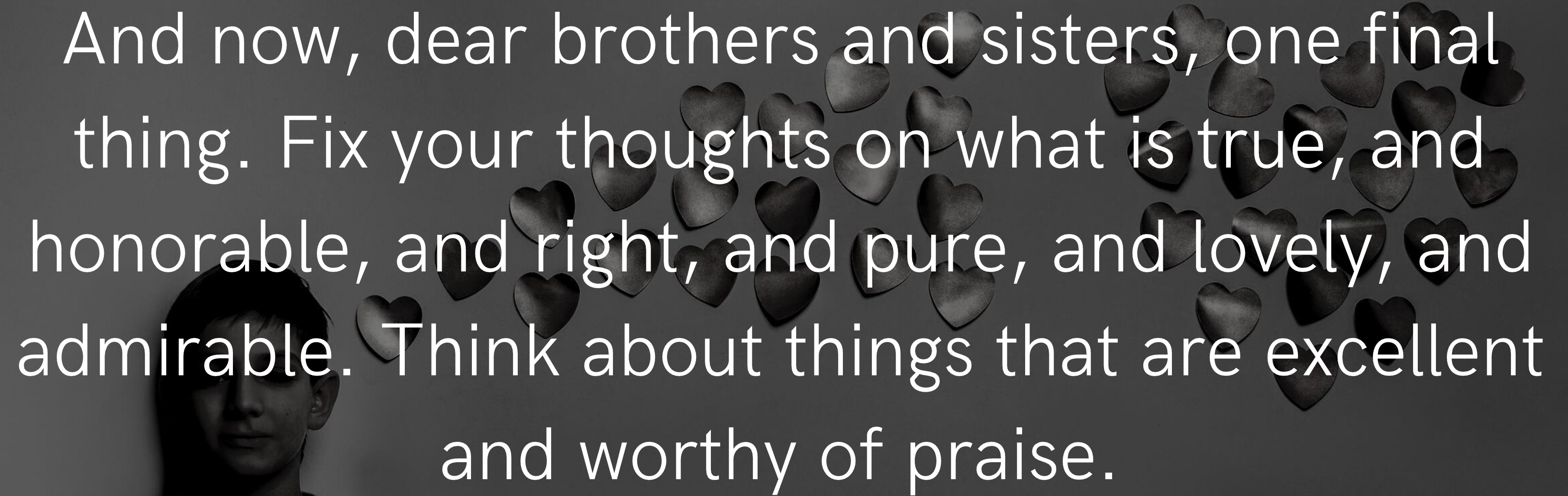
more

good content

to replace the

consumption of bad content



A young boy with dark hair, wearing a dark and light striped polo shirt, stands on the left side of the frame. He has a thoughtful expression, looking slightly to his right. The background is a dark, solid color with a pattern of many small, dark hearts falling from the top right towards the bottom left. The text is overlaid on the right side of the image.

And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.

Philippians 4:8

Matthew 5:8



**When you go back to the doctor,
what will your check up reveal?**

Romans 10:9

If you **declare** with your mouth,
“Jesus is Lord,” and **believe** in
your **heart** that God raised him
from the dead, you will be
saved.